

## GREATER SEATTLE HOCKEY LEAGUE

## SKATER EQUIPMENT LIST



The GSHL does not rent, loan or otherwise supply any equipment/gear to players or participants. All players and participants must procure their own hockey equipment. The following is a list of required and suggested items for a skater.

REQUIRED EQUIPMENT		
	ICE HOCKEY HELMET WITH CAGE, BUBBLE OR HALF-SHIELD/VISOR	
	SHOULDER PADS	
	ELBOW PADS	
EEA (SAIN)	HOCKEY GLOVES	
	HOCKEY PANTS	
CEN	JOCK (MEN) / JILL (WOMEN)	

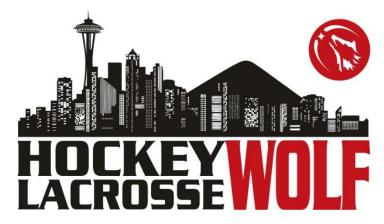
KNEE/SHIN PADS
VELCRO OR KNIT HOCKEY SOCKS
ICE SKATES
HOCKEY STICK(S)
PRACTICE JERSEY(S)  Note: If you are participating in the league's Learn to Play Hockey program, one (1) solid colored jersey may be provided as part of the program. Contact the league.

SUGGESTED EQUIPMENT	
	EQUIPMENT/GEAR BAG
	MOUTH GUARD

	WATER BOTTLE(S)
Color	BLADE/SKATE GUARDS
	STICK TAPE
	SOCK TAPE
	PRACTICE JERSEY(S) OF THE OPPOSITE COLOR
	PADDED UNDER SHIRT
	SKATE SOCKS

## **Equipment Resources**

To be sized for and acquire equipment, there are several retailers located throughout the Puget Sound region. Please go to **GSHockey.com > Pro Shops & Equipment** for a list of local retailers.



You may also visit online retailers such as **Ice Warehouse**, **Hockey Monkey**, and **Pure Hockey**.

## **Disclaimer**

The Greater Seattle Hockey League is not endorsed or sponsored by any brands you may see pictured above. The photos and illustrations provided are examples only and you should select equipment/gear that is right for you. In addition, the local pro shops and online retailers are not affiliated with the Greater Seattle Hockey League. They are provided as a reference for your convenience only. The Greater Seattle Hockey League is not responsible for the content on any of the websites referenced.